



## Sam's Club Health & Wellness Offerings

**Sam's Club strives to make it easier and more affordable for its members and the communities it serves to live healthier lives. As part of this commitment, Sam's Club provides a full suite of health care offerings.**

### Health Screenings



- Every year, Sam's Club hosts free health screenings for both members and non-members, covering a wide range of tests to help assess various health factors and identify potential issues.
- Since launching the health screenings in 2011, Sam's Club has conducted nearly one million screenings where members and non-members can discover personalized health care results that help them take charge of their health.
- Sam's Club has also teamed up with health technology company Higi to make free, self-service health screening stations available at most Sam's Club locations with a pharmacy to complement the monthly health screening program. These stations are able to assess users' blood pressure, pulse, weight, and body mass index. Users can also track their health information over time and share it with others through Higi's online platform, which can aggregate data from over 80 health devices, activity trackers and apps to provide a holistic view of the state of your health.

### Immunizations\*



- Sam's Club Pharmacists offer walk-in immunizations every day to patients 8 years and over in a simple, quick, and private process.
- Vaccinations offered provide protection against diseases such as pneumonia, shingles, whooping cough, meningitis, and HPV. Many vaccinations required for travel are also available.
- Sam's Club Pharmacists are committed to helping Business members maintain a healthy and productive workforce. During flu season, Sam's Club offers a variety of ways that employers can provide flu vaccines to their employees both in our club and in their place of business.

### Free/\$4/\$10\*\*



- Sam's Club Plus® members receive additional savings on generic prescriptions through our Extra Value Drug List. These discounts include five generic prescriptions for the treatment of Alzheimer's, diabetes and men's/women's health disease states that are available for free at specified quantities, as well as more than 200 generic prescriptions for \$4 and over 400 generic prescriptions for \$10.
- Additionally, brand-name prescription medications that are not already listed as Extra Value Drugs are discounted 8% and multisource generic medications are discounted 40% off of our everyday low prices.

### Aetna Marketplace\*\*\*



- Sam's Club collaborates with Aetna to provide quality health insurance coverage with exclusive benefits to our Business members, their employees and their families in an easy online shopping experience.
- With the Aetna Marketplace, small business owners can ensure their employees have the freedom to choose the health benefits that best fit their needs.
- Sam's Club Pharmacy services are available on all Aetna/Sam's Club Marketplace plans.

### Vision and Hearing\*\*\*\*



- Opticians are available to provide appropriate frame and lens selection, accurate measurement and fitting at Sam's Club Optical Centers. Independent Doctors of Optometry are also available next to many Sam's Club Optical Centers, providing comprehensive eye exams and expert contact lens fittings for both members and the broader community.
- Sam's Club Optical Centers offer ALL members \$40 off of a second pair of glasses with the purchase of a complete first pair. Plus members receive \$50 off of a complete pair of glasses with the purchase of a year's supply of contact lenses.
- Sam's Club Hearing Aid Centers are staffed with state-licensed hearing aid specialists and audiologists, who provide complimentary hearing tests and video otoscopy, as well as the latest technology in hearing aids. To schedule an appointment, call 1-800-785-6052.

<p><b>Rx for Pets</b></p> 	<ul style="list-style-type: none"> <li>• Let our full-service Pharmacy serve the wellness needs of your entire family, including your pets.</li> <li>• Animal health prescriptions are available at the Sam's Club Pharmacy. Sam's Club also offers generic alternatives for top selling pet brand prescriptions.</li> <li>• Ask your vet for your prescription.</li> </ul>
<p><b>Healthy Living Made Simple</b></p> 	<p><b>Our commitment to helping members live happy and healthy lives also includes the publication of <i>Healthy Living Made Simple</i> (HLMS) – a free, bi-monthly publication that is available in every Sam's Club location.</b></p> <ul style="list-style-type: none"> <li>• HLMS provides dynamic content and introduces readers to products in-club that will help them lead healthier lives.</li> <li>• In each issue, pediatrician Dr. Bill Sears, one of the most trusted names in his field, provides insightful features for expecting mothers and growing families.</li> <li>• HLMS has also partnered with the medical team from the hit TV series <i>The Doctors</i> to provide in-depth explanations for various medical conditions and to answer clinical questions about serious health-related issues.</li> <li>• Another regular feature, A Caregiver's Commitment, offers tips, news and connections to services that help and encourage care providers.</li> <li>• Our cover subjects are carefully chosen to share their inspirational stories and provide members unique insight into their personalities.</li> <li>• The Health Watch section provides an in-depth look at health and wellness topics, featuring stories from Sam's Club Pharmacists and Optometrists who share their knowledge and member experiences.</li> <li>• The Buyers Guide and advertorials in each issue allow Sam's Club to showcase new products and better explain the lengths each department goes through to provide the best health-related products, foods and services available.</li> <li>• HLMS also features healthy recipes, information on diet and nutritional supplements, fitness tips and seasonally-relevant topics to help make the most of any season.</li> </ul>
<p><b>HLMS.com</b></p> 	<p><b>Whether you are at home or on the go, <i>Healthy Living Made Simple</i> is there with you. Our website is the online prescription for health news and tips.</b></p> <ul style="list-style-type: none"> <li>• HealthyLivingMadeSimple.com/HLMS.com and the <i>Healthy Living Made Simple</i> app provide all the great information found in our print magazine in an easy-to-read format, compatible with desktop computers, laptops, tablets and smartphones.</li> <li>• HLMS.com provides every issue, current and past.</li> <li>• New, exclusive content is also added each week to provide members an online home for their health and wellness needs.</li> <li>• Visitors are encouraged to share stories and recipes via email and social media.</li> </ul>

**Additional information about Sam's Club health and wellness offerings can be found at [SamsClub.com](http://SamsClub.com)**

**\*Disclaimers for Immunizations**

Available in clubs with a pharmacy only. Restrictions apply. Subject to availability and applicable state law. Ask Your Pharmacist if a prescription is required.

**\*\*Disclaimers for Free/\$4/\$10:**

Available only to cash purchases by Sam's Plus™ Members and at Sam's Club Pharmacy locations; not available on SamClub.com. Only quantity, formulation and strength stated on Extra Value Drug List ("EVDL") are covered. See [SamsClub.com/freerx](http://SamsClub.com/freerx) for details. Covered prescriptions could change. Pharmacy will charge for quantities greater than listed quantity. Not available if listed prescription is part of a compound or to purchases submitted to benefit or health care programs. May not combine with other offers. Not available in CA, GA, HI, MA, MD, ME, MN, OK, OR, PA, PR, RI, SC, VT, WI. Other restrictions apply. See [SamsClub.com/freerx](http://SamsClub.com/freerx) or your local Sam's Club Pharmacy for details. See more at: <http://resources.samsclub.com/health-and-wellness/pharmacy-and-health/Extra-Value-Drug-List.aspx?xid=vanity:freerx#sthash.2PjyDPNe.dpuf>

**\*\*\*Disclaimer for Aetna:**

Coverage available in Arizona, California, Connecticut, Delaware, Florida, Georgia, Illinois, Indiana, Kansas, Louisiana, Maine, Maryland, Missouri, Nevada, New Jersey, New York, North Carolina, Ohio, Oklahoma, Pennsylvania, South Carolina, Tennessee, Texas, Virginia, West Virginia, & Wisconsin available for employers with 2-100 employees

**\*\*\*\*Disclaimers for Optical:**

Please note Sam's Club is not licensed to make eye examinations as a dispensing company.

**For the Plus Members benefit:** Plus Members get \$50 off a regular-priced pair of eyeglasses (frames and lenses) with a purchase of a one-year supply of contact lenses at Sam's Club Optical. Valid eyeglass and contact lens prescription required. One-year supply is determined by manufacturers' recommended wear schedule. Offer applies to prescription eyeglasses including prescription sunglasses. Offer is not valid for non-prescription sunglasses. Purchases must be made on same transaction for the same individual. \$50 off is non-transferable. Professional eye exam not included. This offer does not apply to individuals using vision insurance of any kind, including Medicaid or Medicare, for all or part of their purchase. This offer may not be combined with other offers except Associate Eyewear discount. Offer not available in Arkansas, Delaware Oklahoma, and Rhode Island. Offer not valid for contact lenses purchased on SamsClub.com. See more at: [http://resources.samsclub.com/health-and-wellness/optical/?xid=hnav\\_services\\_optical#sthash.yHbqE8zT.dpuf](http://resources.samsclub.com/health-and-wellness/optical/?xid=hnav_services_optical#sthash.yHbqE8zT.dpuf)

**For the Member benefit:** Buy one pair of prescription eyeglasses (frames and lenses) at regular price and receive \$40 off each additional pair of eyeglasses purchased at Sam's Club optical. Valid prescription required. Offer applies to prescription eyeglasses including prescription sunglasses. Offer is not valid for non-prescription sunglasses. Purchases must be made on same transaction for the same individual. \$40 off is nontransferable. Professional eye exam not included. This offer does not apply to individuals using vision insurance of any kind, including Medicaid or Medicare, for all or part of their purchase. This offer may not be combined with other offers except Associate Eyewear discount. - See more at: [http://resources.samsclub.com/health-and-wellness/optical/?xid=hnav\\_services\\_optical#sthash.yHbqE8zT.dpuf](http://resources.samsclub.com/health-and-wellness/optical/?xid=hnav_services_optical#sthash.yHbqE8zT.dpuf)