



# Specialty Wellness Shots

## Hydrate. Boost. Protect. Restore.

Lindora specialty wellness shots help you battle the effects of modern day life, giving you the energy, the immunities and restorative powers from vitamins and amino acids that help improve your overall health - so you can live well and thrive.

## Anti-Aging Skin Glow

Revitalize and rehydrate your complexion while reducing the appearance of wrinkles, facial lines and age spots. Collagen— the key ingredient— helps promote healthy hair, skin and nails.

## Energy Super Charge

Fight fatigue and power through your day with super-charged boost of essential B-vitamins that help replenish energy and improve overall mental acuity.

## Skinny Shot

Kickstart your metabolism by putting B-vitamins and amino acids to work on your fatty tissue, helping you reduce water retention and combat those stubborn, hard to lose pounds.

## Antioxidant Cleanse

Diminish free radicals, toxins and impurities with the help of antioxidants that can help speed recovery.

## Immunity Max

Protect against nasty cold and flu strains by arming your immune system with a powerful barrier to help fend off illness.

## Stress Relief

Reduce inflammation, irritability and free radicals to help your body relax so you can find your inner calm.

# Specialty Wellness Shot

## Nutrients.

### Anti-Aging Skin Glow:

**Nutrients:** Vitamin C  
Glutathione

### Energy Super Charge:

**Nutrients:** B-Complex (Vitamins B<sub>1</sub>, B<sub>2</sub>, B<sub>3</sub>, B<sub>5</sub>, B<sub>6</sub>, B<sub>12</sub>)  
Taurine

### Skinny Shot:

**Nutrients:** LIPOmax (Methionine, Inositol, Choline, L-Carnitine, Vitamin B<sub>1</sub>, B<sub>2</sub>, B<sub>3</sub>, B<sub>6</sub>)  
Vitamin B<sub>6</sub> (Pyridoxal 5 Phosphate)  
Vitamin B<sub>12</sub>  
Taurine

### Antioxidant Cleanse:

**Nutrients:** B-Complex (Vitamins B<sub>1</sub>, B<sub>2</sub>, B<sub>3</sub>, B<sub>5</sub>, B<sub>6</sub>, B<sub>12</sub>)  
Glutathione

### Immunity Max:

**Nutrients:** Taurine  
Coenzyme 10 (CoQ10)

### Stress Relief:

**Nutrients:** LIPOmax (Methionine, Inositol, Choline, L-Carnitine, Vitamin B<sub>1</sub>, B<sub>2</sub>, B<sub>3</sub>, B<sub>6</sub>)  
Vitamin B<sub>12</sub>

