

# Healthcare IT: Unified approaches enable secure digital care

Telemedicine and the Internet of Medical Things (IoMT) have become dominating trends in healthcare, creating increased pressure on the IT network and security. A 2021 IDG research study reveals the challenges healthcare IT organizations face today as well as the technologies and unified approaches they use to enable digital care.

## Remote and virtual healthcare puts pressure on the network

**95%**

of healthcare IT leaders report an increase in network traffic since March 2020

**25%**

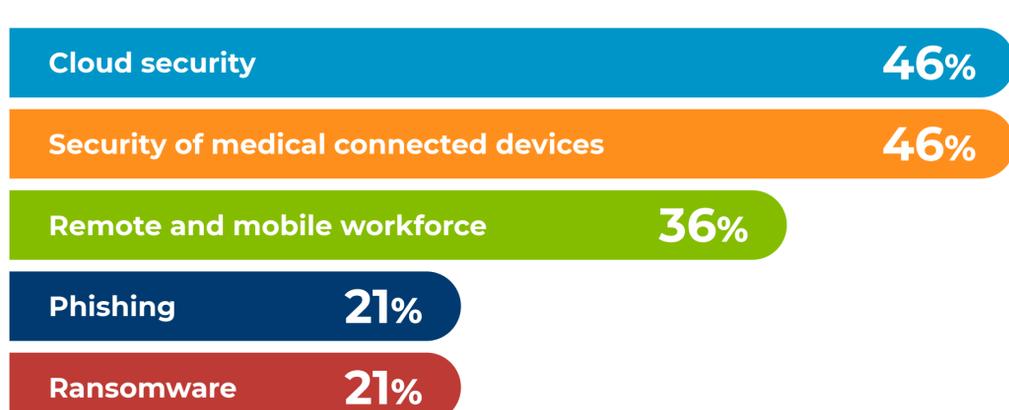
say their network traffic is up more than 50%



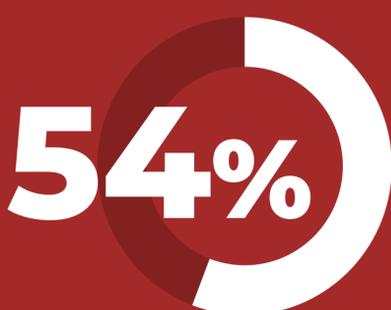
### THE CAUSE:

More demand for telemedicine, remote work, real-time diagnostics

## Top cybersecurity challenges



## Accelerated demands drive budget increases



of healthcare IT budgets are expected to increase in 2021

## What healthcare IT leaders are prioritizing now

### Security and network integration



**71%**

consider it highly important to integrate their network solutions with security policies

**87%**

are interested in SASE offerings combining WAN services and security

**65%**

say integrating security with SD-WAN solutions is considered critical/highly important

### Security consistency alongside network performance

**60%**

consider it highly important to have a single security architecture delivering consistent security policies across multiple locations

**67%**

place high or critical importance on an ultra-low latency network, with 46% having either piloted or installed SD-WAN and another 35% actively researching it

### The 3 most critical technologies for healthcare IT



**IoMT**

security for Internet of Medical Things



**SOAR**

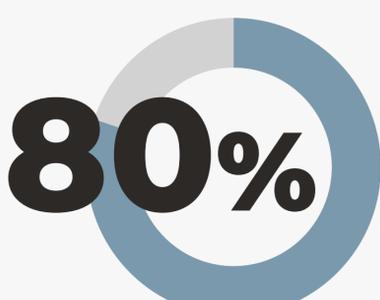
security, orchestration, automation, & response



**SASE**

security access service edge

### Managed network & security services



are likely to engage a managed services provider for network and/or security services

#### HERE'S WHY:

- Cost savings
- Enhanced network and security performance
- Improved agility and responsiveness