





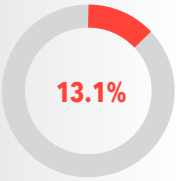
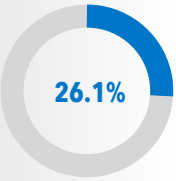
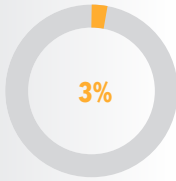

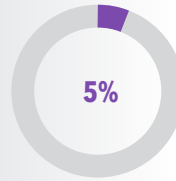
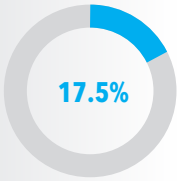




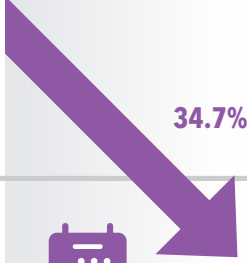









Dietary Supplements – small investment today, big return tomorrow

Evidence demonstrates that the use of certain dietary supplements by specific populations can reduce the direct and indirect medical costs associated with several common conditions as shown in these topline findings. Learn more: [SupplementstoSavings.org](https://www.supplementsto savings.org)

Science-backed supplement intervention	CORONARY ARTERY DISEASE (CAD) Omega-3, Magnesium, Dietary Fiber, Vitamin K2	OSTEOPOROSIS Calcium & Vitamin D	AGE-RELATED MACULAR DEGENERATION Lutein & Zeaxanthin	COGNITIVE DECLINE Vitamins B6, B9, B12	IRRITABLE BOWEL SYNDROME Probiotics	CHILDHOOD COGNITIVE DEVELOPMENT DISORDERS Choline
Supplementing at preventive intake levels has been shown to reduce the occurrence of medical events related to these diseases in high risk populations.						
Event rate % of targeted population that will experience a medical event per year. Source: Centers for Disease Control and Prevention	 13.1%	 26.1%	 3%	 12.5%	 5%	 17.5%
Relative risk reduction The risk of having a medical event reduced by taking these supplements.	 4.2% TO 15.7%	 14%	 4.4%	 9.5%	 34.7%	 9.2%
Avoidable medical events Expected between 2022–2030 if the entire target population supplements at preventive intake levels.	 81,236 TO 301,539	 361,507	 21,718	 270,642	 397.38 million hours missed work	 57,128
Net savings	\$13.3 – 85.3 billion	\$179.32 billion	\$959.2 million	\$109.93 billion	\$110.22 billion	\$1.08 billion
Additional savings possible With full supplementation among target population.	\$12.66 – 83.84 billion	\$155.41 billion	\$942.7 million	\$97.64 billion	\$94.83 billion	\$1.07 billion