

nextdoor

20 Kindest acts to do for neighbors



1. Pay for a neighbor's groceries at the supermarket



2. Donate money to a neighbor

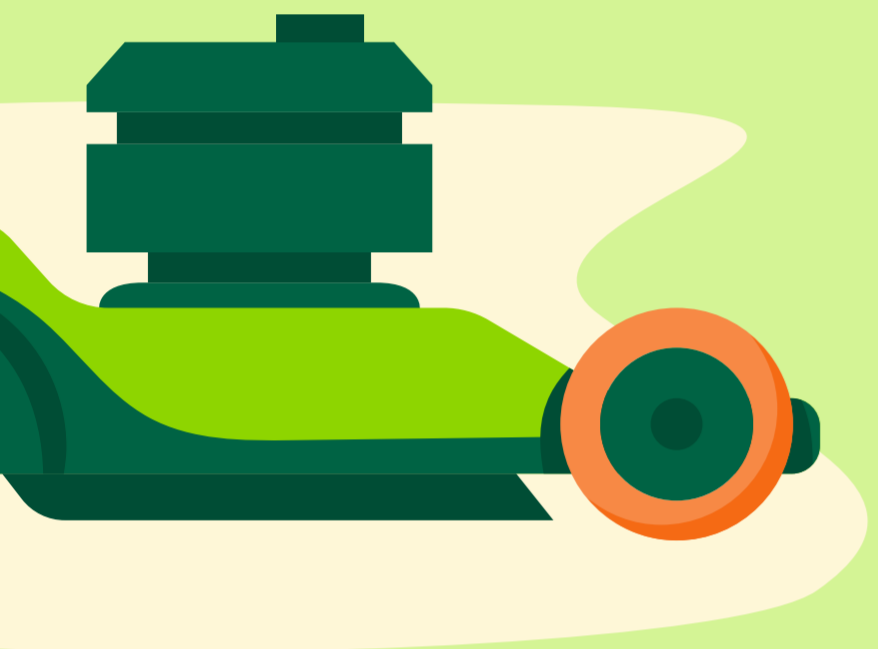
3. Donate diapers to a neighbor

4. Remind a neighbor that they matter

5. Buy extra school supplies for a neighbor



6. Accept a neighbor as they are



7. Organize or join local park and beach clean ups

8. Tell a neighbor what a positive difference they made to someone else's life

9. Mow the lawn for a neighbor

10. Surprise a neighbor with their favorite things

11. Spend a weekend cleaning up trash

12. Make a gift basket for a neighbor

13. Cook twice the normal amount of a dish and share half with a neighbor



14. Donate funds to a neighbor

15. Arrange video visits with elderly relatives



16. Knit and donate a scarf to a neighbor

17. Set up a regular donation to charity

18. Pack an extra lunch for a neighbor

19. Set up a lemonade stand and donate the profits to a neighbor

20. Donate items that you no longer need or use



Source: kindness.org (2022), survey of 5,011 participants studied the perceived kindness, cost and benefit of a collection of 385 acts, and calculated their cost-benefit ratio ('cost-effectiveness'). Data was collected during the first week of August 2022.