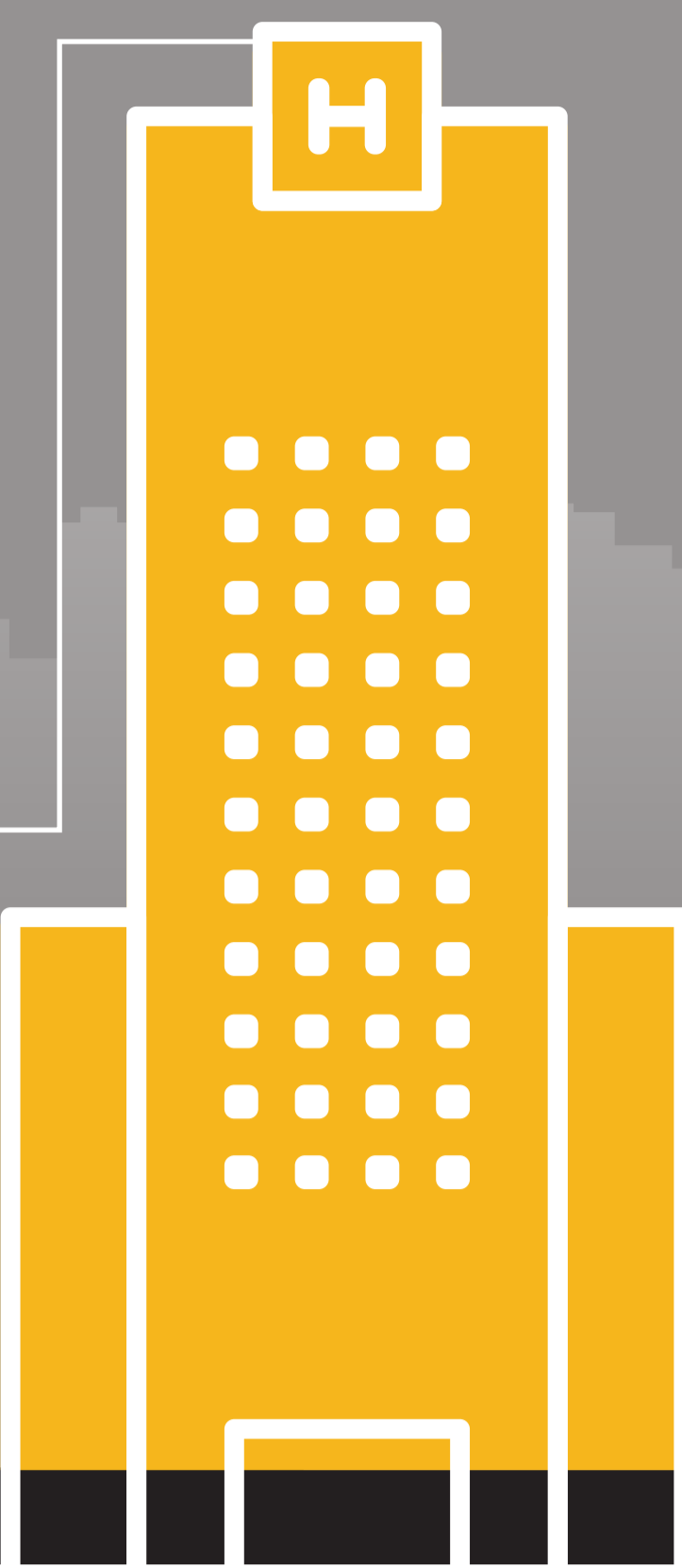


Understanding Older Adults Risks and Potential Seriousness of RESPIRATORY SYNCYTIAL VIRUS (RSV) INFECTION

RSV IN OLDER ADULTS

RSV is a common, contagious respiratory virus that usually causes mild symptoms but can lead to hospitalization.^{1,2} Older adults are more likely to have severe outcomes from RSV because our immune systems typically weaken as we age.³

Each year approximately **177K ADULTS 65 AND OLDER** are hospitalized in the US due to RSV and an estimated **14K OF THOSE CASES RESULT IN DEATH.**⁴



THE IMPACT OF RSV

There is no vaccine or specific treatment available for RSV in older adults and severe cases of infection may require hospitalization.^{1,2}

FOR ADULTS 60 AND OLDER, some data suggest that there is an increased risk for severe RSV infection that can lead to hospitalization.^{5,6}

UNDERLYING CONDITIONS AND RSV INFECTION





Adults with certain underlying medical conditions, including chronic heart or lung disease, are at an increased risk of developing serious illness.

These include:³



RSV can exacerbate these conditions, which can lead to severe outcomes such as **PNEUMONIA, HOSPITALIZATION AND DEATH.**^{2,7}

THE SPREAD OF RSV INFECTION

-  RSV can easily spread when someone is infected **coughs or sneezes.**¹
-  Most people are typically contagious for **3-8 days** but people with weakened immune systems can be contagious for as long as **4 weeks**—even after they stop showing **symptoms.**¹

THE PREVENTION OF RSV

Typical ways to prevent RSV infection include:

-  **Washing your hands often with soap and water for at least 20 seconds** or using an alcohol-based hand sanitizer.
-  **Avoiding touching your eyes, nose or mouth with unwashed hands,** and close contact with people who have cold-like symptoms.
-  **Cleaning and disinfecting surfaces** that people frequently touch, such as doorknobs.³



THOSE EXPERIENCING RSV SYMPTOMS SHOULD CALL A HEALTHCARE PROVIDER IMMEDIATELY to discuss risks for severe complications.⁸

RSV SYMPTOMS⁸

-  **FEVER**
-  **COUGH**
-  **SORE THROAT**
-  **RUNNY NOSE**
-  **CONGESTION**
-  **HEADACHE**
-  **FATIGUE**

VISIT SIDELINERSV.COM

to learn more about the risks of RSV and how to protect yourself or a loved one.



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