

We've waited long enough.

We've read the horror stories, or experienced it ourselves. The stories of women being gaslighted in doctor's offices. The stories of women with heart attack symptoms being told: **Wait your turn. Don't make a fuss. It's probably just anxiety.**

The facts are stark: Even though heart disease and stroke are the #1 cause of death in American women, research shows that women's heart disease symptoms are simply not taken as seriously as men's.

- Women who visit ERs with heart attack symptoms wait 29% longer than men.
- Women who go to doctors with symptoms are twice as likely as men to be sent home without treatment, and mis-diagnosed with mental health problems.
- Doctors, even the most well-meaning, often do not have the training to assess women's heart health, due to hundreds of years of medical science being devoted strictly to studying men's bodies.

A little inequity everywhere adds up: Women in America die from heart attacks at twice the rate of men.

We're women leaders in healthcare and business, and community leaders who have had enough. We have had enough of watching our friends, family members and colleagues die. We've had enough of raising exceptional daughters, knowing that when they

visit a doctor's office one day, they will be likely to be dismissed. Why are our emergency rooms still an experiment in diversity and inclusion? If a plane full of women, and only women, crashed every single day, would we allow that to keep happening?

NO MORE BABY STEPS. NO MORE WAITING.

We are here to create the most urgent conversation on women's heart health in medicine. We want fewer heart attacks and longer lives for women. We want to close the gender gap—and conversation gap—in healthcare. We want doctors trained to recognize women's physical symptoms, including extreme fatigue, back and neck pain, stomach discomfort and angina.

The time for being a "patient" patient is over. This moment is hundreds of American medical history years in the making. Will you seize this moment, and sign a national pledge to change women's healthcare?

Women in America die from heart attacks at twice the rate of men.

Join thousands of others who have signed the pledge.

Maayan Cohen CEO and Co-founder, Hello Heart • **Arianna Huffington** Founder and CEO, Thrive Global • **Asija O'Neal** NCAA volleyball star and heart health advocate • **Jermaine O'Neal** NBA All-Star • **Lynn Shapiro Snyder** Founder, Women Business Leaders US Health Care Foundation • **Peggy Hamburg, MD** Former FDA Commissioner • **Vinod Khosla** Co-founder, Khosla Ventures • **Dr. Nasrien Ibrahim, MD, MPH** Cardiologist and Founder, The Equity in Heart Transplant Project • **Carolyn Everson** Board Member, The Walt Disney Company, Coca-Cola, and Under Armour • **Sharon Rothstein** former Chief Marketing Officer, Starbucks • **Barbara Rhoden, PhD** CMO, Primasun • **Phyllis Campbell** Former Vice Chair, JP Morgan • **Neha Parikh** Former CEO, Waze and Board Member, Carvana • **Ruma Bose** Chief Growth Officer, Clearco • **Wendy Nguyen** CMO, Hello Heart and Co-founder, Stand with Asian Americans • **Luciana Borio, MD** Former FDA Chief Scientist and Partner, ARCH Ventures • **Christy Chan** Filmmaker/Artist • **Nancy Mastroianni** Head of Growth, HLTH • **Erin Gallagher** CEO, Ella • **Mita Mallick** Author, Chief Diversity Officer • **@CorporateNatalie** • **Meesha Dogan, PhD** CEO and Co-founder, Cardio Diagnostics • **Somesh Dash** General Partner, IVP

Sign the letter at www.womenforhearthealth.org

AN OPEN LETTER FROM COALITION OF WOMEN HEALTH LEADERS