

Who will take care of you or your aging loved one?



MUST ATTEND EVENT: Join us for two interactive workshops with aging expert and author Joy Loverde in Dallas on Wednesday, Nov. 8!

Learning the keys to successful aging is as important for older adults as it is for their adult children. During these sessions, Joy will share insights and strategies for planning for yourself and how to talk to your parents about their future. You can't do it all, but you can make a plan, let go of the guilt, and communicate with them.

FIRST SESSION – 11:30 A.M.

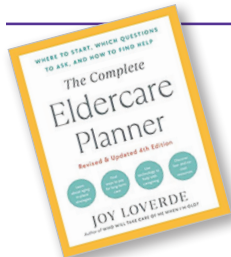
Aging Solo: Who Will Take Care of Me When I'm Old?

7 Things You Need to Know

At the first session, guests will receive signed copies of *Who Will Care for Me When I'm Old?*



SECOND SESSION – 6 P.M.



Helping Older Parents When They Refuse Help**

At the second session, guests will receive signed copies of the new fourth edition of *The Complete Eldercare Planner*.

The Point Auditorium • 4847 West Lawther Dr., Dallas, TX 75214
Space is limited. RSVP by Thursday, Nov. 2, by calling 214-949-1226 or visit ccyoung.org/events

****For adult children and caregivers only.** If you are currently caring for a loved one, bring them along. Entertainment will be provided while you attend the session.

Continuing Care Retirement Community
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