



Choices programs for adolescents and young adults provide a nurturing environment that supports overall mental health, the development of life skills, healthy coping strategies and self-esteem. We treat teens and young adults ages 14-21 who are challenged by substance abuse, trauma, behavioral and or social issues, anxiety, depression, and eating disorders.

We offer:

- Case Management
- Stabilization Support
- Clinical Services
- Psycho-Social Groups
- Recreation
- GED/HiSET Prep
- Meals
- Financial Literacy
- Academic Support
- Substance Use Disorder Education and Intervention

Our Programs: PASS

Positive Alternative to Student Suspension

APG

Alternative Peer Group

REA

Recovery Education Academy

CSP

Choices Summer Program





Clinical services
provided by licensed
clinicians and
addiction specialists
within a holistic
environment.

CHOICES

108 Grove Street
Suite 205
Worcester MA 01605
www.4choices.org
1-508-455-5053

Here are just a few things we do with our Peer Mentors:

Fishing
Basketball
Cooking
Hiking
Bowling
Apple picking
Beach trips
Games and fun competitions
Homework support and
tutoring
Community Service

