

Value-based senior primary care supports better health outcomes.

Humana
Healthcare Research

Published in **The New England Journal of Medicine Catalyst**, this study finds that patients who received care from senior-focused primary care organizations that practice value-based care were more likely to regularly use primary care services in ways that support better health outcomes.

Study population:



3.2 million patients

make this the largest study of its kind



65+ year olds

Medicare Advantage beneficiaries

Care approaches reviewed in the study:

- ✓ **Value-based care**—Medicare Advantage model that incentivizes better patient outcomes and quality of care
- ✓ **Fee-for-service**—Traditional model that pays providers based on quantity of services, regardless of outcome

The results:

Patients of value-based, senior-focused primary care organizations experienced:

20% ↑

more primary
care visits
annually

6% ↑

more regularly
scheduled primary
care visits

37% ↑

greater likelihood
of continuous
primary care



This continuity of care means that physicians and other healthcare providers are more likely to have a comprehensive understanding of their patients' medical history, preferences, and specific health needs, ultimately leading to improved diagnosis, treatment, and better overall health outcomes.”

- Dr. Kate Goodrich, Chief Medical Officer at Humana

Humana Healthcare Research delivers high-quality scientific research and contributes to real-world evidence in healthcare to improve quality of care and population health.

Visit Research.Humana.com for more information, and click [here](#) to view the New England Journal of Medicine Catalyst study.