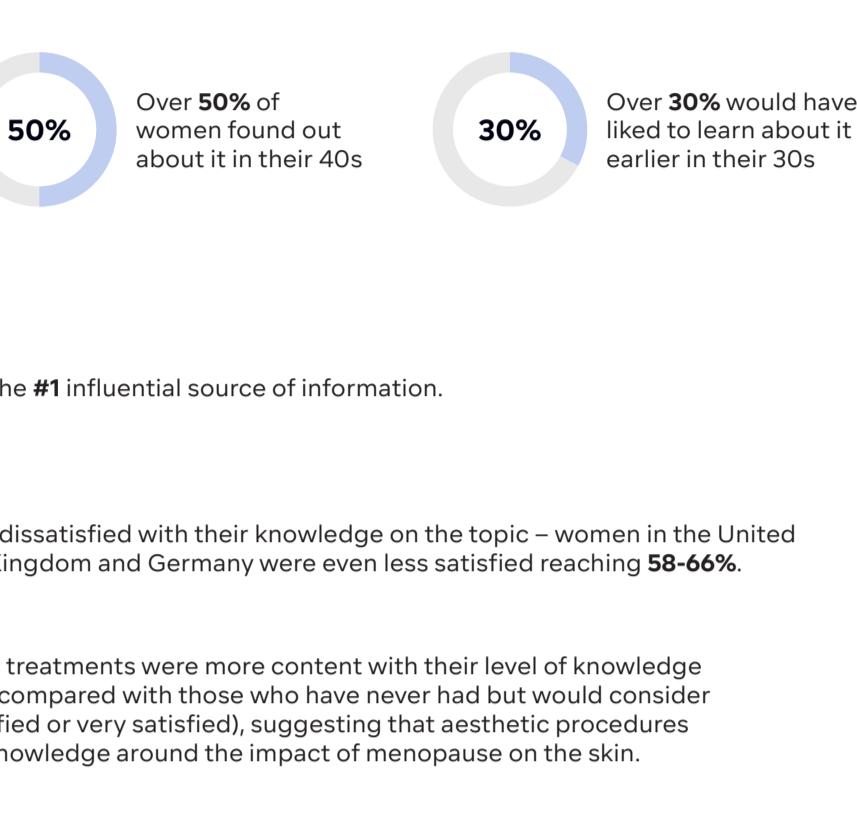


The unspoken transformation: navigating skin changes during menopause

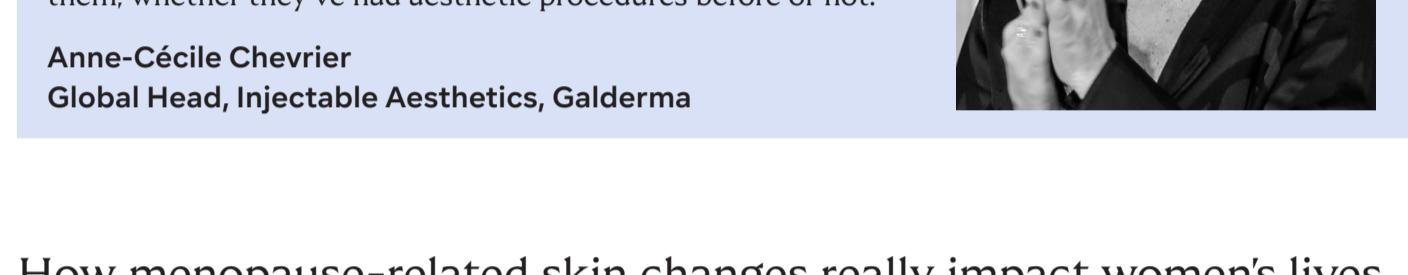
Galderma's survey spotlights the often-overlooked impact of menopause on the skin, the emotional effect of these undertreated skin changes, and why understanding them matters for confidence, wellbeing, and informed treatment choices.¹⁻³

More than 4,300 women aged 45-60 from across Europe, the Americas, the Middle East and Eastern Asia, who have had or would be open to aesthetic treatments, shared their insights:¹



When it comes to menopause, many women are left in the dark

Learning about the impact of menopause on the skin:



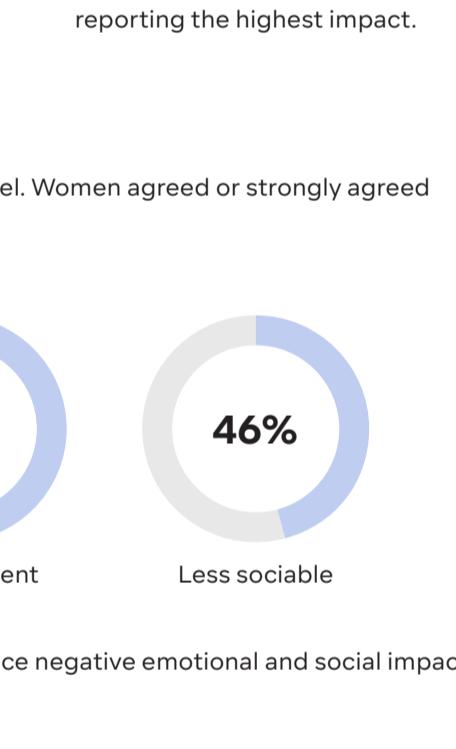
 Healthcare professionals were the #1 influential source of information.

 Over 50% are at best neutral or dissatisfied with their knowledge on the topic – women in the United States (U.S.), Brazil, the United Kingdom and Germany were even less satisfied reaching 58-66%.

 Women who have had aesthetic treatments were more content with their level of knowledge (52% satisfied or very satisfied) compared with those who have never had but would consider aesthetic treatments (37% satisfied or very satisfied), suggesting that aesthetic procedures support better education and knowledge around the impact of menopause on the skin.

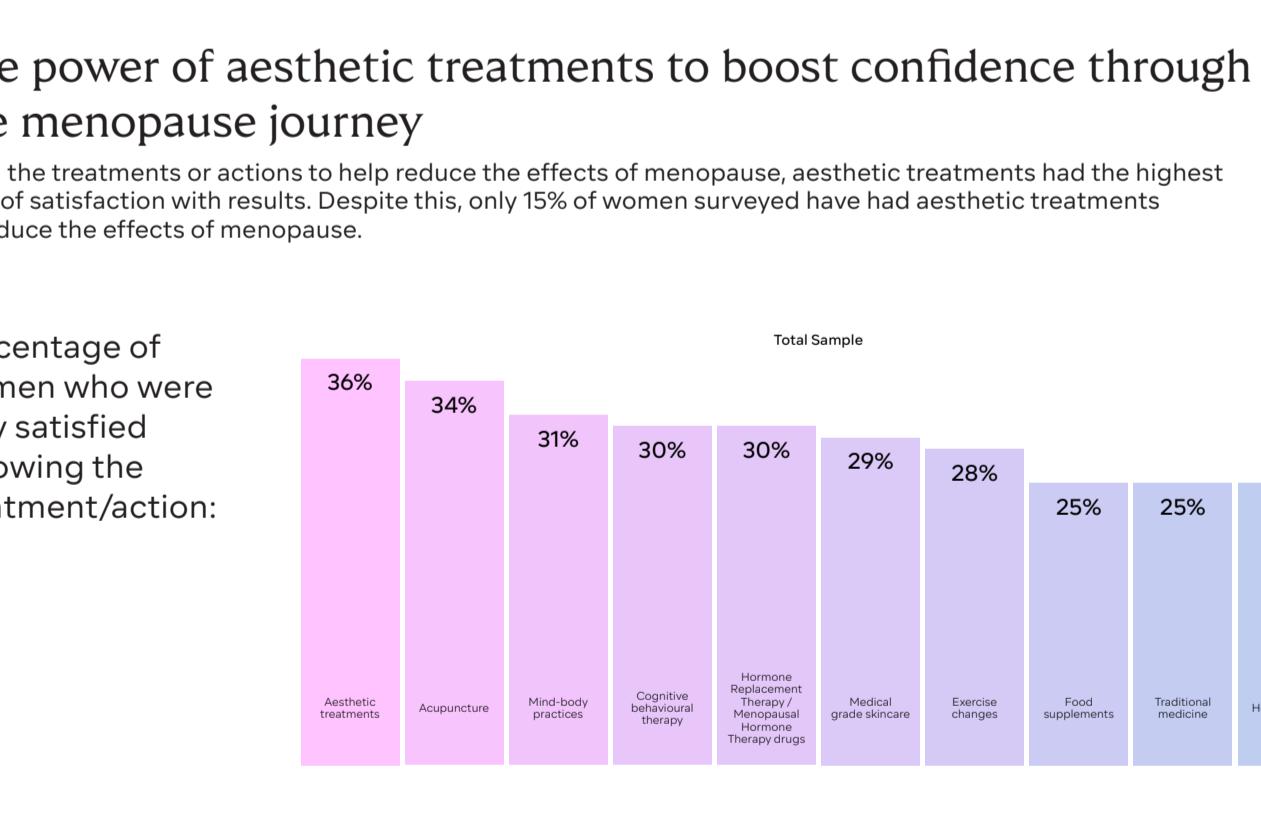
"We're using our dermatology expertise to shine a light on how menopause affects the skin, as part of our ongoing commitment to addressing unmet patient needs. With women making up ~85% of aesthetic patients, it's clear that understanding how these treatments can support women at every stage of life, especially during the challenging time of the menopause, is critical. That's why we're including menopausal status in all our injectable aesthetics clinical trials moving forward to ensure women have a clear idea of how these treatments could benefit them, whether they've had aesthetic procedures before or not."

Anne-Cécile Chevrier
Global Head, Injectable Aesthetics, Galderma

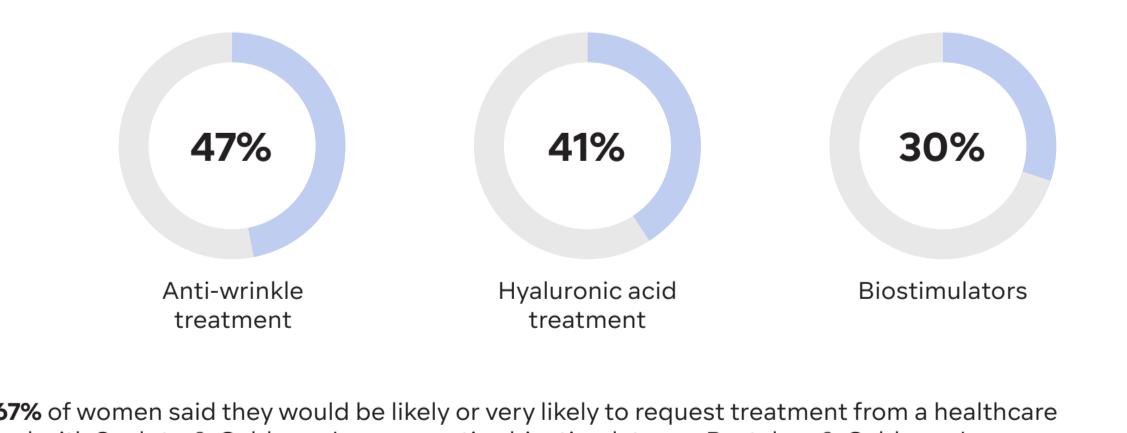


How menopause-related skin changes really impact women's lives

Since starting their menopausal transition, women experience an average of three changes to their skin across the face and body, including:



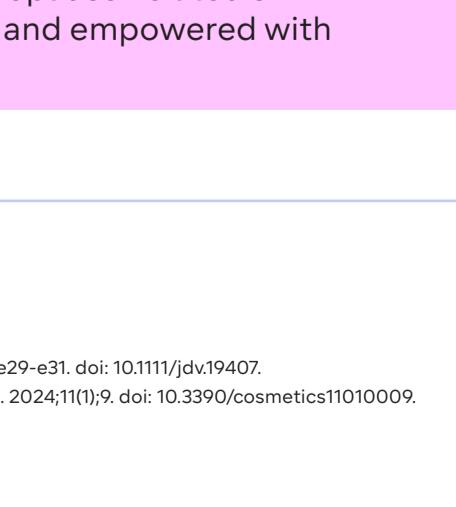
The impact of menopause-related skin changes goes deeper than surface level. Women agreed or strongly agreed that the changes made them feel:



Peri-menopausal women and women from China were more likely to experience negative emotional and social impacts.

"The hormonal changes that come with menopause significantly affect the skin – decreasing collagen, elastin and hyaluronic acid can result in loss of firmness, wrinkles and dryness. This accelerated deterioration in skin health can impact women's confidence and self-perception. It's therefore important that this forms a core part of menopause conversations and that women understand there are solutions, like aesthetic treatments, that can prevent or reverse these changes and help women feel more like themselves again."

Dr. Doris Day
Board-Certified Dermatologist, U.S.



Only 26% of women see aesthetic treatments as a preventative action, yet 61% would have acted differently if they had known earlier about the impact of menopause on the skin, with 33% saying they would have had more aesthetic treatments.

Many women said they would consider aesthetic treatments in the future to help with menopause-related skin changes.

72% and 67% of women said they would be likely or very likely to request treatment from a healthcare professional with sculpting[®] or hyaluronic acid treatments, respectively.

Galderma brings together a range of injectable aesthetic solutions, decades of expertise, and strong healthcare professional partnerships. This unique position allows us to drive awareness and education around menopause-related skin changes, making sure women feel informed, supported, and empowered with science-backed treatments.

References:

1. Galderma. Data on file. Menopause Patient Survey.

2. Fouilh P, et al. Impact of menopause on the skin: information still insufficient. JEADV. 2024;38(1):e29-e31. doi: 10.1111/jdv.19407.

3. Bravo B, et al. Dermatological Changes during Menopause and HRT: What to Expect? Cosmetics. 2024;11(1). doi: 10.3390/cosmetics110009.