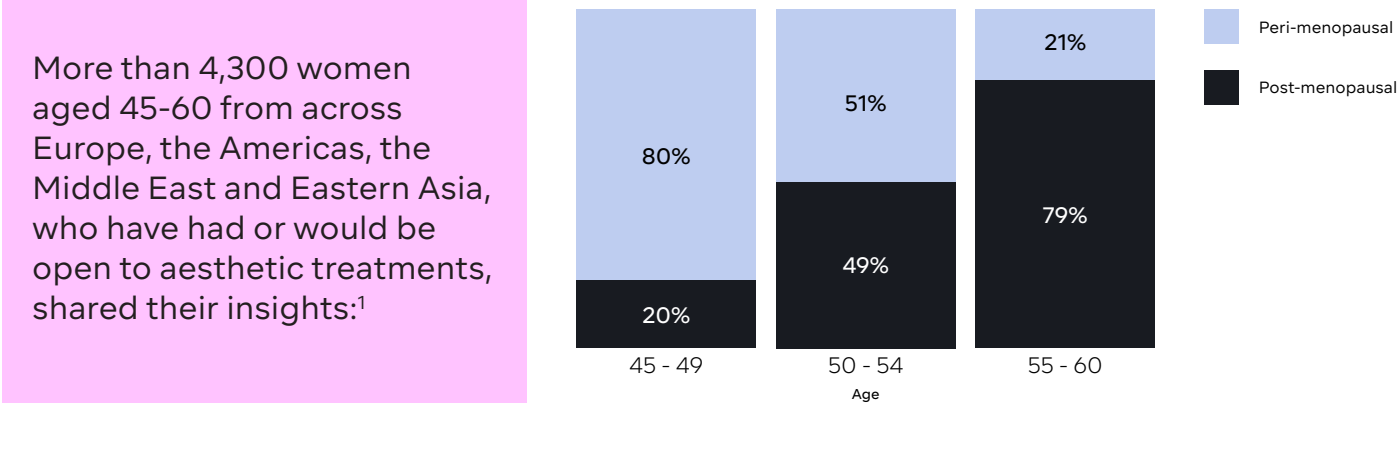


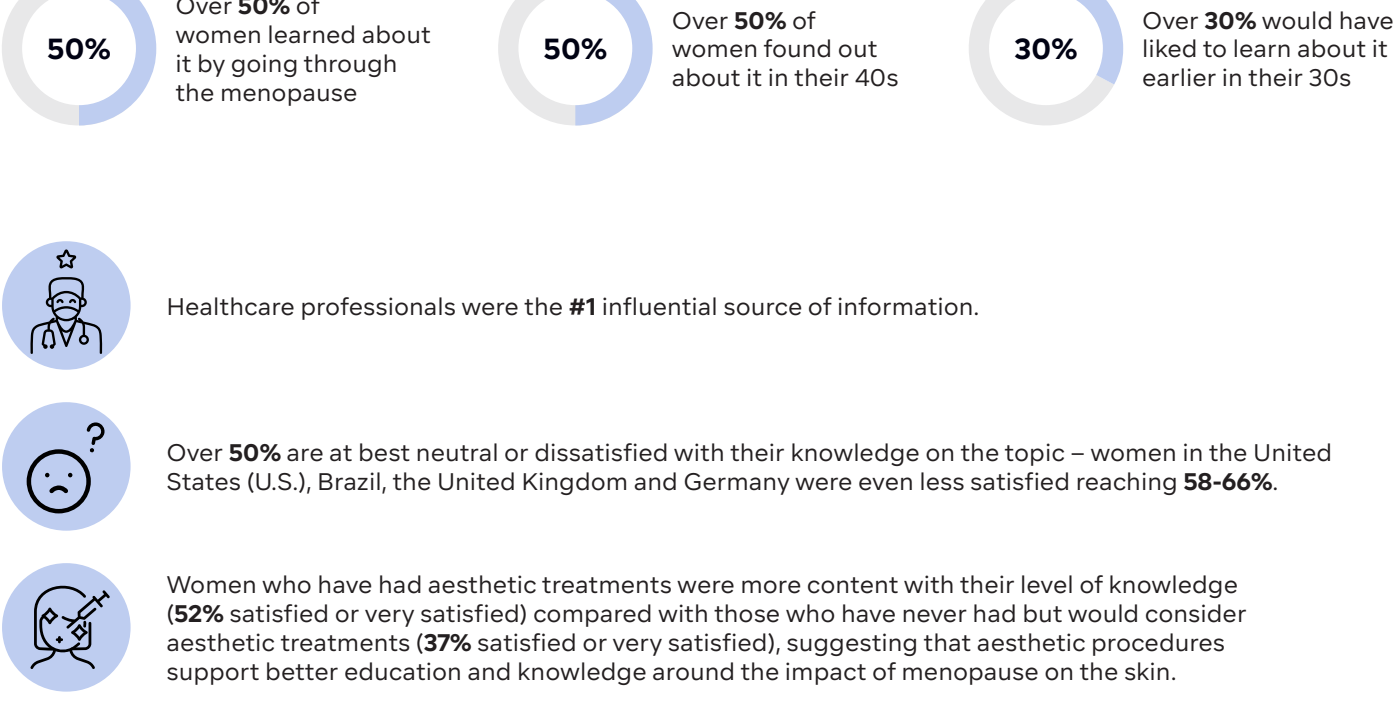
The unspoken transformation:
navigating skin changes during menopause

Galderma's survey spotlights the often-overlooked impact of menopause on the skin, the emotional effect of these undertreated skin changes, and why understanding them matters for confidence, wellbeing, and informed treatment choices.^{1,3}



When it comes to menopause, many women are left in the dark

Learning about the impact of menopause on the skin:

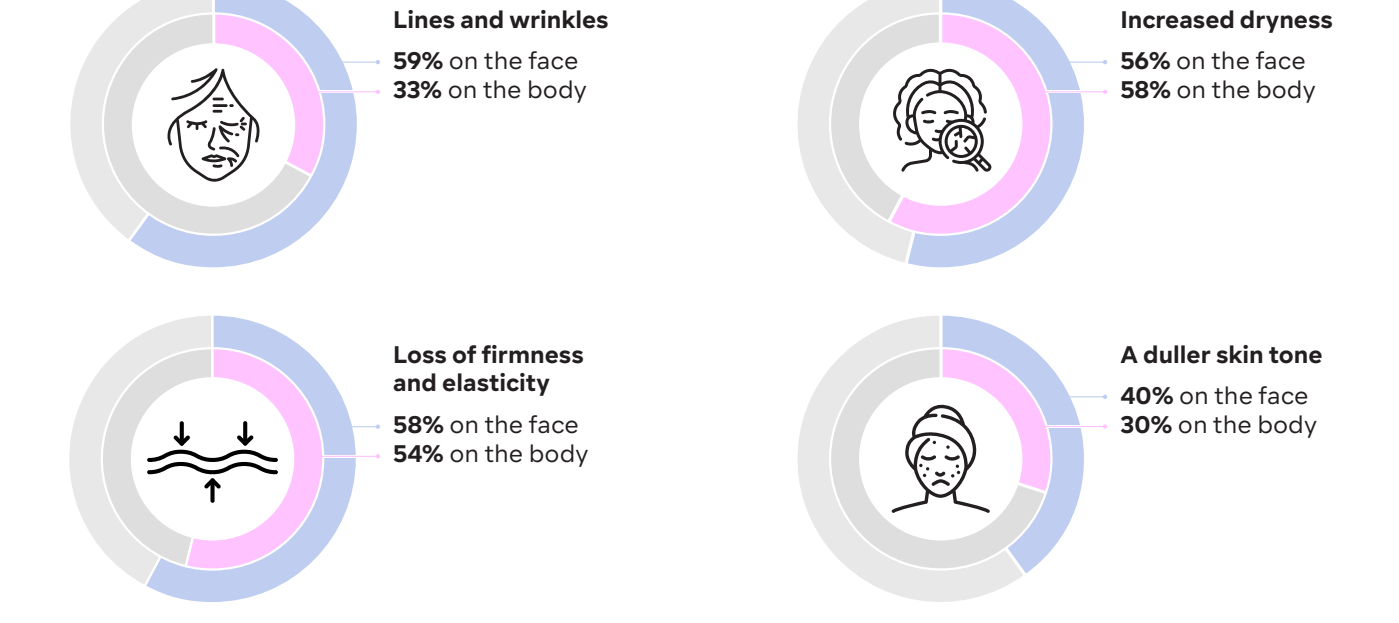


“We’re using our dermatology expertise to shine a light on how menopause affects the skin, as part of our ongoing commitment to addressing unmet patient needs. With women making up ~85% of aesthetic patients, it’s clear that understanding how these treatments can support women at every stage of life, especially during the challenging time of the menopause, is critical. That’s why we’re including menopausal status in all our injectable aesthetics clinical trials moving forward to ensure women have a clear idea of how these treatments could benefit them, whether they’ve had aesthetic procedures before or not.”

Anne-Cécile Chevrier
Global Head, Injectable Aesthetics, Galderma

How menopause-related skin changes really impact women's lives

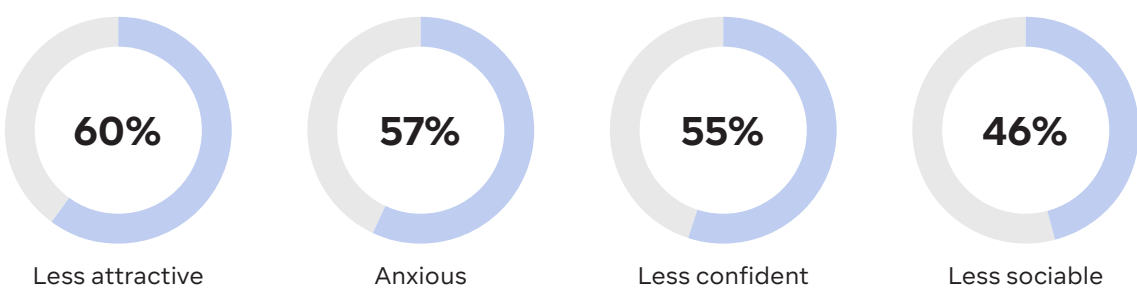
Since starting their menopausal transition, women experience an average of three changes to their skin across the face and body, including:



Significantly more women in Thailand experience dull skin (**56%**), age spots (**40%**) and sensitivity (**37%**) than any other country, while in Brazil, more women experience loss of firmness (**76%**) and thinner skin (**31%**).

The impact of skin changes on the face and body was rated **six out of ten** in severity, with women in Brazil and China reporting the highest impact.

The impact of menopause-related skin changes goes deeper than surface level. Women agreed or strongly agreed that the changes made them feel:



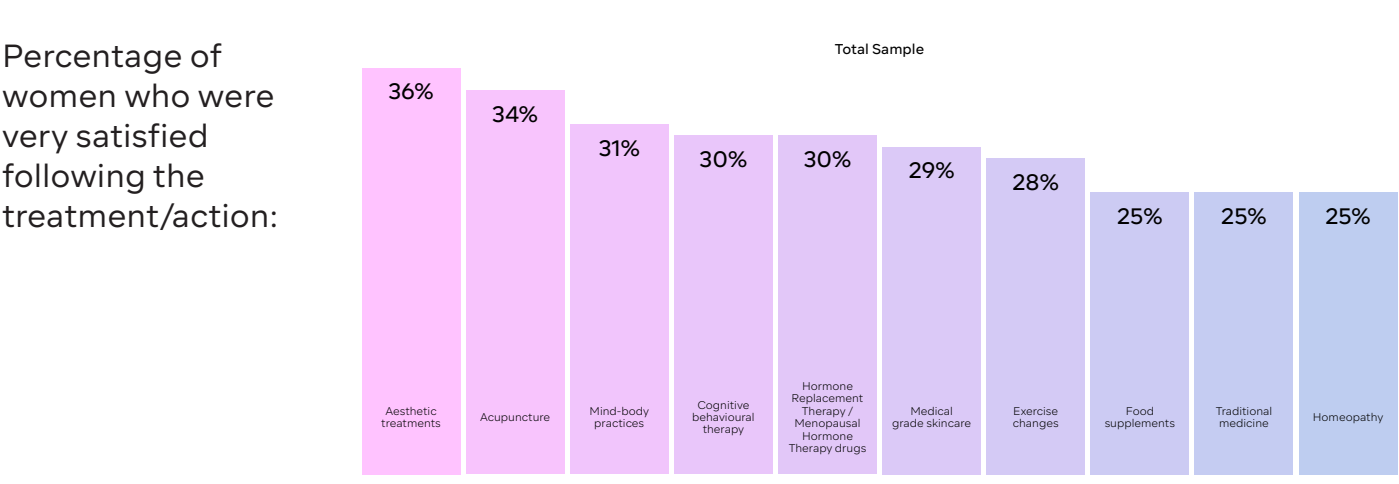
Peri-menopausal women and women from China were more likely to experience negative emotional and social impacts.

“The hormonal changes that come with menopause significantly affect the skin – decreasing collagen, elastin and hyaluronic acid can result in loss of firmness, wrinkles and dryness. This accelerated deterioration in skin health can impact women's confidence and self-perception. It's therefore important that this forms a core part of menopause conversations and that women understand there are solutions, like aesthetic treatments, that can prevent or reverse these changes and help women feel more like themselves again.”

Dr. Doris Day
Board-Certified Dermatologist, U.S.

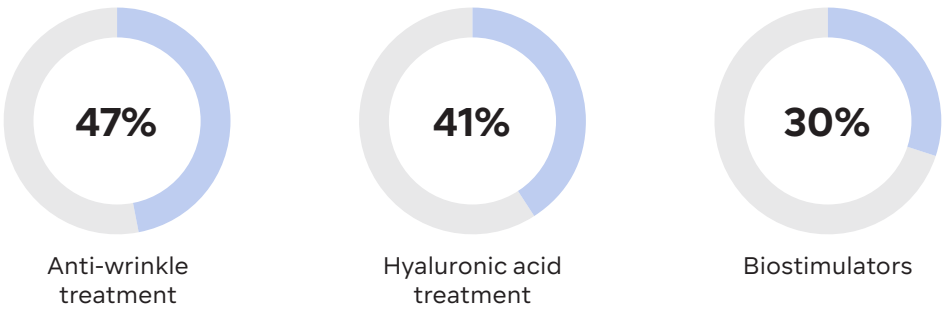
The power of aesthetic treatments to boost confidence through the menopause journey

Of all the treatments or actions to help reduce the effects of menopause, aesthetic treatments had the highest level of satisfaction with results. Despite this, only 15% of women surveyed have had aesthetic treatments to reduce the effects of menopause.



Only **26%** of women see aesthetic treatments as a preventative action, yet **61%** would have acted differently if they had known earlier about the impact of menopause on the skin, with **33%** saying they would have had more aesthetic treatments.

Many women said they would consider aesthetic treatments in the future to help with menopause-related skin changes:



72% and **67%** of women said they would be likely or very likely to request treatment from a healthcare professional with Sculptra®, Galderma's regenerative biostimulator, or Restylane®, Galderma's range of hyaluronic acid treatments, respectively.

Galderma brings together a range of injectable aesthetic solutions, decades of expertise, and strong healthcare professional partnerships. This unique position allows us to drive awareness and discussion around menopause-related skin changes, making sure women feel informed, supported, and empowered with science-backed treatments.

References:

1. Galderma. Data on file. Menopause Patient Survey.
2. Foulc P, et al. Impact of menopause on the skin...information still insufficient. *JEADV*. 2024;38(1):e29-e31. doi: 10.1111/jdv.19407.
3. Bravo B, et al. Dermatological Changes during Menopause and HRT: What to Expect? *Cosmetics*. 2024;11(1):9. doi: 10.3390/cosmetics11010009.